



6th

INDERCOS ONLINE CONGRESS

11 - 14 March 2021

Integrative Dermatology
and Technology in Dermatology



PROGRAM

www.indercos.org



6th INDERCOS ONLINE CONGRESS

11 - 14 March 2021
Integrative Dermatology and
Technology in Dermatology



11 March Thursday		12 March Friday		13 March Saturday		14 March Sunday	
09:00-09:15	OPENING SPEECH & LECTURE	09:00-09:50	INFECTIVE SKIN DISEASES	09:00-10:10	DERMATOSCOPY SESSION-2	09:00-10:40	SESSION: ADVANCED TECHNOLOGIES IN DERMATOLOGY
09:30-11:10	ERCIN OZUNTURK SESSION (AESTHETIC DERMATOLOGY)-1	10:05-11:45	INVESTIGATIVE DERMATOLOGY-2	10:25-10:45	TRICHOSCOPY COURSE	10:55-12:25	SESSION: GENERAL DERMATOLOGY 3
11:25-12:45	INVESTIGATIVE DERMATOLOGY-1	12:00-13:00	DEBATABLE TOPICS FOR DERMATOLOGIC THERAPY	11:00-12:00	SESSION: ORPHAN DISEASES IN DERMATOLOGY	12:25-12:55	LUNCH
12:45-13:15	LUNCH	13:00-13:30	LUNCH	12:15-12:45	LUNCH	12:55-14:05	INVESTIGATIVE DERMATOLOGY-3
13:15-14:25	DERMATOSCOPY SESSION-1	13:30-14:50	SESSION: SYSTEMIC TREATMENT IN DERMATOLOGY-1	12:45-14:15	TOPICAL TREATMENT IN DERMATOLOGY	14:20-15:30	DIET AND ALTERNATIVE THERAPY FOR DERMATOLOGIST
14:40-15:40	SATELLITE  NOVARTIS Reimagining Medicine	15:05-16:05	SATELLITE  Pfizer PFE İlaçları	14:30-15:30	SATELLITE  NOBEL	15:35-16:35	BREAK
15:55-17:35	ERCIN OZUNTURK SESSION (AESTHETIC DERMATOLOGY)-2	16:20-17:50	ERCIN OZUNTURK SESSION (AESTHETIC DERMATOLOGY)-3	15:45-16:25	NAIL SURGERY SESSION	16:40-17:20	PSORIASIS
17:50-18:40	SESSION: SUN, LIGHT, VITAMIN D AND THE SKIN	18:05-19:05	SESSION: ALLERGY AND PRURITUS-1	16:40-17:40	PSORIASIS	17:35-18:35	SESSION: PSYCHODERMATOLOGY
18:55-19:25	ATOPIC DERMATITIS	19:20-20:00	DERMATOLOGIC SURGERY SESSION	17:55-18:35	SESSION: UCARE	18:50-19:50	HOW CAN WE TREAT CHALLENGE CASES? (4 DIFFICULT/CHALLENGE CASES)
19:40-21:10	SESSION: PIGMENTATION DISORDERS AND SKIN CANCERS	20:15-21:25	POPULAR	18:50-19:50	SEBACEOUS GLAND DISEASES: DEBATABLE ISSUES FOR DERMATOLOGIST	20:05-20:45	HIGHLIGHTS OF THE CURRENT TOPICAL ANTIBIOTIC GUIDE
				20:05-21:55	ERCIN OZUNTURK SESSION (AESTHETIC DERMATOLOGY)-4	20:45	CLOSING SPEECH AND LECTURE WHAT'S NEW IN VITILIGO 2020



6th INDERCOS ONLINE CONGRESS



11 - 14 March 2021

Integrative Dermatology and Technology in Dermatology

11 March Thursday

09:00 - 09:15 OPENING SPEECH & LECTURE

A new era in Integrative Dermatology / Katlein Franca

09:30 - 11:10 ERCIN OZUNTURK SESSION (AESTHETIC DERMATOLOGY)-1

Chairs: Pertevniyal Bodamyali, Sadiye Kuş

Survivin in dermatology

Elif Cömert

Exosomes in dermatology

Sevda Önder

Microneedling combined procedures in aesthetic dermatology

Mehmet Can Emeksiz

Inflamm-aging in skin: Update

Sadiye Kuş

Liquid collagen: Where are we now for dermatology?

Semahat Alp

Ceramides and skin

Semahat Alp

Beta-carotene/Astaxanthin/CoenzymeQ10 and dermatology

Seray Külcü Çakmak

Zinc/Selenium and skin

Deniz Demirseren

Shock waves in aesthetic dermatology

Pertevniyal Bodamyali

HIFEM in aesthetic dermatology

Pertevniyal Bodamyali

11:25-12:45 INVESTIGATIVE DERMATOLOGY-1

Chairs: Özgür Gündüz, Habibullah Aktaş

Mitochondrial DNA and dermatology

Özgür Gündüz

Aquaporins in dermatology

Özgür Gündüz

Integrins/HIF1alpha/VEGF/PAI1 in dermatology

Yasemin Yuyucu Karabulut

Cytokines VS chemokines in dermatology

Ayşe Akman

Differences between B and T cells

Ayşe Akman

Nod2: The intestinal gate keeper in dermatology

Büşra Altun Deniz

Transepidermal elimination in dermatology

Gökşen Ertuğrul

Nobel Prize of Aziz Sançar and Dermatology

Habibullah Aktaş

12:45-13:00 RATIONAL USES OF MEDICINE

Özgür Gündüz

13:00-13:15 LUNCH

13:15-14:25 DERMATOSCOPY SESSION-1

Chairs: Mustafa Turhan Şahin, Fezal Özdemir

Inflamscopy: Basics and beyond

Paweł Pietkiewicz

Dermoscopy in acral lesions

Fezal Özdemir

Facial pigmented lesions: Make it simple!

Ömer Faruk Elmas

Dermoscopy in melanoma: What's new?

Tuğba Kevser Uzunçakmak

Mucoscopy: What we know ?

Mustafa Turhan Şahin

Dermoscopy in adnexal lesions

Aylin Türel Ermertcan

Onychoscopy in non-pigmented nail lesions

Herman Mayısoğlu



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11 - 14 March 2021

Integrative Dermatology and Technology in Dermatology

11 March Thursday

14:40-15:40 SATELLITE SYMPOSIUM

How AWARE are we about chronic urticaria treatment?

Moderators: Emek Kocatürk, Kemal Özyurt



NOVARTIS | Reimagining Medicine

24-month outcomes from the multicenter observational study AWARE

Marcus Maurer

Real world outcomes with omalizumab treatment in CSU from Turkey

Nida Kaçar

15:55-17:35 ERCIN OZUNTURK SESSION (AESTHETIC DERMATOLOGY)-2

Chairs: Gaye Sarıkan, Filiz Kuşak

Face shapes and cosmetical approaches

Gökçe Işıl Kurmuş

Off-label uses of HA fillers in aesthetic dermatology

Hilal Gökalp

Ageism in aesthetic dermatology

Ayşe Ferzan Aytağ

Diet and aesthetic dermatology

Gaye Sarıkan

BDDA: Myths and facts in aesthetic dermatology

Pelin Üstüner

Botulinum toxins for nasel area problems

Filiz Kuşak

The skin aging exposome

Selda Pelin Kartal

Epidemiology of cosmetic procedures in dermatology

Selda Pelin Kartal

A Holistic approach to skin aging

Şükran Sarıgül Gündük

Periorbital hyperpigmentation: Etiology, medical evaluation and treatment

Filiz Kuşak

17:50-18:40 SESSION: SUN, LIGHT, VITAMIN D AND THE SKIN

Chairs: Işıl İnanır, Mustafa Tunca

Sunscreens: What's new?

Işıl Bulur

Do sunscreens prevent vitamin D synthesise?

Armağan Kutlay

New vitamin D analogues in dermatology

Mustafa Tunca

Does phototherapy cause cancer?

Algün Polat Ekinci

What's new in phototherapy?

Işıl İnanır

Discussion

18:55-19:25 ATOPIC DERMATITIS

Chairs: Marcus Maurer, Kemal Özyurt

Type II inflammation and its role in atopic dermatitis and beyond

Marcus Maurer

Emerging treatments of atopic dermatitis

Torsten Zuberbier

The role of allergens in atopic dermatitis

Maryam Khoshkhui

19:40-21:10 SESSION: PIGMENTATION DISORDERS AND SKIN CANCERS

Chairs: Rafet Koca, Emine Çölgeçen

Integrative approaches of vitiligo

Abdullah Demirbaş

Integrative approaches of melasma

Emel Hazedar

Integrative approaches of skin cancers

Mahmut Sami Metin

Lipoma: Causes, symptoms, diagnosis and treatment

Gözde Emel Gökçek

Piezogenic pedal papules: Etiology and treatment

Emine Müge Acar

Xanthelasma: What is new?

Gözde Emel Gökçek

Bowen disease: Update

Aslı Şahin

Novel modalities in keloid and hypertrophic scars

Pelin Ertop Doğan

Discussion



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Integrative Dermatology and Technology in Dermatology

12 March Friday

09:00-09:50 INFECTIVE SKIN DISEASES

Chairs: Bengü Gerçeker Türk, Belkız Uyar

COVID-19 and skin

Bengü Gerçeker Türk

COVID-19 and urticaria

Emek Kocatürk

Molluscum contagiosum: What's new?

Ayşin Köktürk

Integrative approaches of superficial fungal infections

Belkız Uyar

Discussion

10:05-11:45 INVESTIGATIVE DERMATOLOGY-2

Chairs: Ömer Kutlu, Betül Şereflican

Mechanoreceptors in dermatology: An overview

Emin Gündüz

Skin aging and epigenetics (Anti-aging genes)/SIRT1: As antiaging

Emin Gündüz

Cellular oxygen sensor systems in skin

Begüm Ünlü

Follistatin/activin a and skin/hair

Begüm Ünlü

Biological rhythms in the skin

Pelin Ertop Doğan

Human 3D skin models

Neslihan Fişek İzci

ELISA in dermatology

Betül Şereflican

Free fatty acids in dermatology

Hülya Süslü

TGF-beta and Dermatology

Ömer Kutlu

CCR-5 in dermatology

Ömer Kutlu

12:00-13:00 DEBATABLE TOPICS FOR DERMATOLOGIC THERAPY

Chair: Arzu Kılıç

How long should biologics treatments be used?

Zeynep Topkarcı

Do biologics cause cancer?

Nida Kaçar

Whats the new approach for antifungal therapy?

Arzu Kılıç

If superbugs are monster, how can we prevent them when using antibiotics?

Melek Aslan Kayıran

Discussion

13:00-13:30

LUNCH

13:30-14:50 SESSION: SYSTEMIC TREATMENT IN DERMATOLOGY-1

Chairs: Özlem Su Küçük, Didem Didar Balcı

Postmodern treatments in dermatology

Tuğba Özkök Akbulut

Does metformin really works in dermatology?

Asude Kara Polat

Adaptive immunotherapy in dermatology

Sibel Doğan

Immun checkpoint inhibitors and dermatology

Didem Didar Balcı

EGFR inhibitors and skin

Sezgi Sarıkaya Solak

Latest small molecule inhibitors for hair and skin

Ecem Ergün

Dupilumab in dermatology: Indications and adverse events

Özlem Su Küçük

Discussion



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Integrative Dermatology and Technology in Dermatology



12 March Friday

15:05-16:05 SATELLITE SYMPOSIUM

Pfizer PFE İlaçları

A Comprehensive Approach to Superficial Fungal Infections



İlteriş Oğuz Topal

16:20-17:50 ERCIN OZUNTURK SESSION (AESTHETIC DERMATOLOGY)-3

Chairs: Zehra Aşiran Serdar, Berna Aksoy

Periorbital wrinkles: Etiology and treatment

Zehra Aşiran Serdar

Acoustic waves in aesthetic dermatology

Zahide Eriş

Low-level laser treatment in dermatology

Zahide Eriş

Cryolipolysis: What is new?

Hasan Mete Aksoy

Smoking and skin aging

Berna Aksoy

Endermologie in aesthetic dermatology

Hasan Mete Aksoy

Alpha-and beta-hydroxy acids in dermatology

Aslı Tatlıpırmak

Fractional photothermolysis in aesthetic dermatology

Filiz Canpolat

Hyaluronon and skin

Filiz Canpolat

18:05-19:05 SESSION: ALLERGY AND PRURITUS-1

Chairs: Ümit Şahiner, Oktay Taşkapan

Nocturnal pruritus in children

Ümit Şahiner

Nocturnal pruritus in elder

Oktay Taşkapan

Integrative approaches of pruritus

Zafer Türkoğlu

Integrative approaches of urticaria and drug allergy

Murat Türk

Integrative approaches of atopy

Murat Türk

Discussion

19:20-20:00 DERMATOLOGIC SURGERY SESSION

Chairs: Emel Fetil, Amor Khachemoune

Skin biopsy techniques

Tamer İrfan Kaya

Advanced surgical suturation techniques in dermatological surgery

Eckart Haneke

Basics of flaps and grafts in dermatological surgery

Amor Khachemoune

Cryosurgery and electrosurgery: Widen your horizon

Tuğrul Dereli

20:15-21:25 POPULAR

Chairs: Emel Erdal, Meltem Önder

Physician burnout and mental stress in pandemia

Emel Erdal

Panel or manel/sex discrimination in dermatology congress

Meltem Önder

Predatory publishing and congress in dermatology

Vildan Manav

Myths and facts in dermatology

Müge Göre Karaali

Pioneers in dermatology

Mahmut Can Koska

Financial toxicity in dermatology

Gonca Saraç

Discussion



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Integrative Dermatology and Technology in Dermatology

13 March Saturday

09:00-10:10	DERMATOSCOPY SESSION-2 Chairs: Şirin Yaşar, Ercan Arca	
	Dermoscopy in non-melanoma skin cancers: What's new?	Ercan Arca
	Black, red and green: Siascopy	Ahmet Metin
	Dermoscopy: widen your horizon!	Cüneyt Soyol
	Dermoscopy: A game changer in management of multiple nevi	Gamze Erfan
	Onychoscopy in pigmented nail lesions	Şirin Yaşar
	Dermoscopy in infectious skin diseases	Ersoy Acer
	Discussion	
10:25-10:45	TRICHOSCOPY COURSE Chairs: Ömer Faruk Elmas, Haitham Donia	
	Trichoscopy of patchy alopecia (clues & algorithms)	Haitham Donia
11:00-12:00	SESSION: ORPHAN DISEASES IN DERMATOLOGY Chairs: Deniz Yücelten, Aslı Kaptanoğlu	
	Syndromes associated with palmoplantar keratoderma	Deniz Yücelten
	Syndromes associated with ichthyosis	Deniz Akkaya
	Orphan drugs in dermatology	Nazan Emiroğlu
	Orphan tests and diagnostic approaches in dermatology	Aslı Kaptanoğlu
	Syndromes associated with hair and nail problems	Aslı Bilgiç
	Discussion	
12:15-12:45	LUNCH	
12:45-14:15	SESSION: TOPICAL TREATMENT IN DERMATOLOGY Chairs: Aslı Hapa, Göknur Kalkan	
	Topical "jump start" therapies in dermatology	Pelin Eşme
	Are they immortality formulas: Resveratrol and rapamycin	Şule Güngör
	Hypericin-the facts about a controversial agent	Gülşen Tükenmez Demirci
	Topical brimonidine in dermatology	Burçe Can
	Vinegar in dermatology	İlteriş Oğuz Topal
	5-FU in dermatology	Esra Ağaoğlu
	Topical timolol and nifedipine in dermatology	Hasan Aksoy
	Topical JAK inhibitors and skin	Aslı Hapa
	Discussion	
14:30-15:30	SATELLITE SYMPOSIUM Görünenin Ötesindeki Güçlü Seçenek Beksar JEL Moderator: Dilek Bayramgürler	
		
		İlkin Zindancı Dilek Bayramgürler
15:45-16:25	NAIL SURGERY SESSION Chairs: Eckart Haneke, Necmettin Akdeniz	
	Ingrown nail: Non-surgical approach	Gülru Erdoğan
	Ingrown nail: Surgical approach	Necmettin Akdeniz
	Biopsy in nail disorders: When and how?	Fatih Göktaş
	Surgical principles in nail unit tumors	Eckart Haneke



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Integrative Dermatology and Technology in Dermatology

13 March Saturday

16:40-17:40 PSORIASIS-1

Chairs: Sibel Alper, Tomasz Hawro

Psoriasis and itch

Tomasz Hawro

Stigmatization in patients with psoriasis

Tomasz Hawro

Social and psychological impacts of psoriasis

Sibel Alper

Psoriasis and alopecia

Filiz Topaloğlu Demir

Nail-lacquers in dermatology

Mahmut Sami Metin

Discussion

17:55-18:35 SESSION: UCARE

Chairs: Luis Felipe Ensina, Kemal Özyurt

Emerging therapies in urticaria: What's new?

Emek Kocatürk

Urticaria and comorbidities: What's new?

Luis Felipe Ensina

Biologic markers in urticaria: What's new?

Andaç Salman

Following the latest guideline in 2021: What's new?

Ragıp Ertaş

18:50-19:50 SEBACEOUS GLAND DISEASES: DEBATABLE ISSUES FOR DERMATOLOGIST

Chairs: Bodo Melnik, Ayşe Serap Karadağ

Which came first? The chicken or the egg?: The rosacea or the demodex situation

Seray Külcü Çakmak

Which is better for HS: The surgery or the medical treatment

Algün Polat Ekinci

Is diet important for acne?

Sezgi Sarıkaya Solak

How can we monitorize patients using isotretinoin in terms of laboratory tests?

Ayşe Serap Karadağ

The role of FoxO1-GATA6 signaling in acne pathogenesis and treatment

Bodo Melnik

Discussion

20:05-21:55 ERCIN OZUNTURK SESSION (AESTHETIC DERMATOLOGY)-4

Chairs: Ahu Birol, Ömür Tekeli

Laser, HIFU and RF treatments in hyperhidrosis

Ahu Birol

Inflammatory skin diseases (psoriasis, acne and seborrhea) and botulinum toxins

Melike Kibar Öztürk

Understanding the differences of emollient, moisturizer and humectant in dermatology

Melike Kibar Öztürk

Picosecond lasers in dermatology

Ömür Tekeli

Gummy smiles and treatment

Hüray Hügül

Visual loss in aesthetic dermatology

Hüray Hügül

Tears trough problems and fillers

Hüray Hügül

Retaining ligaments of face in aesthetic dermatology

Filiz Kuşak

Fat pads of face and aesthetic dermatology

Zekai Kutlubay

Can we analyse skin aging by blood markers?

Mehmet Melikoğlu

Blepharoplasty for dermatologist

Alp Kayıran



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Integrative Dermatology and Technology in Dermatology

14 March Sunday

09:00-10:40 SESSION: ADVANCED TECHNOLOGIES IN DERMATOLOGY

Chairs: Tamer İrfan Kaya, Emin Özlü

Simulation models in dermatology education	Emin Özlü
eHealth technologies in dermatology	Duygu Erdil
Best dermatology software	Ozan Erdem
Industry 4.0/5.0 and dermatology	Cahit Yavuz
Flow-cytometry in dermatology	Emine Müge Acar
Blue light and skin health	Cahit Yavuz
Elastography in dermatology	İlkin Zindancı
Continuous-wave laser hyperthermia in dermatology (thermotherapy)	Abdullah Demirbaş
Thermography in dermatology	Ozan Erdem
Confocal, USG, imaging methods in dermatology	Sümevre Seda Ertekin

10:55-12:25 SESSION: GENERAL DERMATOLOGY-3

Chairs: Aylin Türel Ermertcan, Zennure Takcı

Colours in dermatology (white, black, brown, purple, yellow, green, redness)	Aylin Türel Ermertcan
Diagnostic criteria in dermatology	Ayşenur Botsalı
Hypo/hyper/absence (A)-conditions in dermatology	Banu Taşkın
Red scrotum syndrome and male genital dysaesthesia	Amr Abdelhamed
Jolly roger sign in dermatology	Bachar Memet
Intestinal bacterial overgrowth in dermatology	Amr Abdelhamed
Cutibacterium in dermatology	Elif Cömert
Black box sigs for dermatologic therapies	Zennure Takcı
Discussion	

12:25-12:55 LUNCH

12:55-14:05 INVESTIGATIVE DERMATOLOGY-3

Chairs: Emel Bülbül Başkan, Kansu Büyükaşar

IGF in dermatology	Ufuk Kavuzlu
Ghrelin in dermatology	Ufuk Kavuzlu
Histopathologic features of aesthetic applications on rats	Recep Dursun
Ultrastructural and histopathological changes after cosmetic procedures in humans	Özge Aşkın
Microchimerism and skin diseases	Ahmet Metin
MRGPRX-2 and allergy	Kansu Büyükaşar
AI in dermatology	Emel Bülbül Başkan



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14 March Sunday

14:20-15:30 DIET AND ALTERNATIVE THERAPY FOR DERMATOLOGIST

Chairs: Erdem Yeşilada, Hilal Kaya Erdoğan

Healing plants for skin diseases

Erdem Yeşilada

Ketogenic diet in dermatology

Emine Ünal

Do vitamins work for skin diseases?

Hilal Kaya Erdoğan

Does phytotherapy real or not for skin therapy?

Hatice Kaya Özden

Discussion

15:35-16:35 BREAK

16:40-17:20 PSORIASIS-2

Chairs: Kemal Özyurt, Zafer Türkoğlu

When? & which one? Biologics for psoriasis

Leon Kircik

Management of difficult to treat psoriasis

Omid Zargari

Integrative approaches of psoriasis and psoriatic arthritis

Şule Ketenci Ertaş

Discussion

17:35-18:35 SESSION: PSYCHODERMATOLOGY

Chairs: İlknur Kıvanç Altunay, Mohamad Jafferany

How do we look at the skin and read the brain?

Anthony Bewley

Management approach to psychocutaneous disorders

Mohamad Jafferany

Tattoo and psychology

Ezgi Özkur

How liyezon psychiatry works for dermatology?

İlknur Kıvanç Altunay

Personality disorders in dermatology

Mohamad Jafferany

Discussion

18:50-19:50 HOW CAN WE TREAT CHALLENGE CASES? (4 DIFFICULT/CHALLENGE CASES)

Chairs: Serap Öztürkcan, Ayşe Serap Karadağ

Bullous diseases

Ayşe Akman

Psoriasis

Ayşe Serap Karadağ

Skin cancer

Fatma Pelin Cengiz

Vasculitis

Sibel Doğan

Pruritus

Esra Pancar Yüksel

Discussion

20:05-20:45 HIGHLIGHTS OF THE CURRENT TOPICAL ANTIBIOTIC GUIDE

Chairs: Ayşe Serap Karadağ, Ümit Tursen

In infection diseases

Göknur Kalkan

In inflammatory diseases

Andaç Salman

For cosmetologic and surgical and wounds

Bengü Gerçeker Türk

Discussion

20:45 CLOSING SPEECH AND LECTURE WHAT'S NEW IN VITILIGO 2020

Chairs: Torello Lotti



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Organization Secretariat



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